

Sunwood *news*

SUNWOOD MATURE LIFESTYLE COMMUNITY NEWSLETTER

Hello To Our First Newsletter

We are looking forward to great improvements over the next little while.

We are excited to introduce you to our very own newsletter, the *Sunwood News*. If you have any suggestions of what you would like to see in the newsletter, please feel free to bring them forward.

We have lots of new events, entertainment and fun coming our way



and we want to hear what you like, don't like, what you want to come back and what should never return. Let us know!

Also, the second week of February, we will have our very own store opening on the first floor.

Keep your eyes open for more exciting news coming your way!



WE WANT TO HEAR YOUR STORY!

Please feel free to share your story with us (Like Maxine did on the next page). We would love to share your stories, your life and your pictures. You may not find it that interesting but we definitely do!

Ask Megan about the next issue and how you can contribute.

THE LADY BEHIND THE SMILE



Let us introduce you to Maxine Gattie whom has been a resident at Sunwood since the middle of December in 2011 and resides in Unit 322.

Maxine was the fifth born into the Starling family on January 20th, 1934 in rural Lake Erie of South West Ontario. She has three older sister and two brothers.

Maxine enjoyed sports, music, farm work and church.

Maxine taught Nursing for fifteen years after she attended Brantford & London College for her Nursing diploma, and then upgraded to be eligible to be a teacher.

The happiest day of Maxines life was in 1958 when she married her first husband. From this marriage she had two daughters and three grandchildren.



In the 1980's Maxine underwent heart surgery which pushed her into disability.

After twenty-two years of marriage, Maxine and her husband called it quits and Maxine ran off to enjoy the life in Florida for thirteen winters where she re-married.

Due to health problems, Maxine decided to divorce her husband whom she saw as a best-friend, and return back to the great Canadian health care system and her family.



HAPPY ROBBIE BURNS DAY



Looks like Donna is preparing to attempt the great HAGGIS!



We were lucky enough to have Jenna McLatchy from the SFU Pipe Band Join us for Robbie Burns Day.

**MARK YOUR
CALENDAR**



FEBRUARY

- Cascades Casino
- Japanese Celebration
- Valentines Day Party with Musical Guest
- Mardi Gras Celebration with Musical Guest
- Science World

MARCH

- St. David's Day Celebration
- Coquitlam Centre
- St. Patrick's Day Party
- Van Dusen Botanical Garden
- Musical Guests

APRIL

- Vancouver Auto Show
- Boulevard Casino

...and much, much more!



Just a Friendly Reminder...

1. The front doors are locked from 1:00 a.m. until 8:00 a.m. Please use the exit doors off of the Dining Room or Second Floor Hallway to get out during this time. To get in, use your white card at the front door or press #01 on the intercom and Ross will let you in.
2. Garbage: Please place garbage in your own garbage bag and put in the garbage bin in the laundry room.
3. Recycling: Please place in your own bag and put bag on counter in the laundry room. Please rinse all cans, bottles and milk jugs.
4. If you intend on having a guest for a meal please give us more than two hours notice please.
5. If you don't intend on appearing for a meal, please give us a call at 604-463-5527, so we don't have food going to waste.

**HAPPY
BIRTHDAY**



FEBRUARY

Feb 20: Sandra

MARCH

Mar 26: Fred

**WELCOME
NEW
RESIDENTS**

DECEMBER:

Talbert & Inger

Maxine

Fred

JANUARY:

Arthur

Maurice

John

Stella

Elizabeth Budge